

Menu A	Item 1	Item 2	Item 3
Monday	Free Range Egg Mayonnaise & Cress Wholemeal Roll (E) (G)	Pepper Batons	Mandarin Yoghurt (D)
Tuesday	Chicken & Mayonnaise White Roll (E) (G)	Cucumber Slices	Banana Cookie (D) (E) (G) (SD)
Wednesday	Homemade Cheese & Pineapple Wholemeal Pizza Fingers (D) (G) (T)	Hard Boiled Free Range Egg Wedges (E)	Diced Peaches
Thursday	Tuna & Cream Cheese Flatbread (D) (F) (G)	Sweetcorn & Grated Carrot	Strawberry Yoghurt (D)
Friday	Spinach, Apricot & Bechamel Pinwheel (D) (G) (SD)	Speldhurst Pork & Beef Sliced Sausage (G) (SD)	Melon Slices

Menu B	Item 1	Item 2	Item 3
Monday	Tomato, Polenta & Feta Scone (D) (G) (T) with Flora Portion (D)	Hard Boiled Free Range Egg Wedges (E)	Diced Pineapple
Tuesday	Homemade Margarita Wholemeal Pizza Fingers (D) (G) (T)	Roast Chicken Slices	Melon Slices
Wednesday	Grated Cheese, Egg & Mayonnaise Flatbread (D) (E) (G)	Sweetcorn & Diced Pepper	Apricot Flapjack (G) (SD)
Thursday	Turkey White Roll (G) (PU)	Cucumber Slices	Summer Berry Yoghurt (D)
Friday	Rice Cake (S) with Soft Cheese (D)	Tomato, Pea & Basil Pasta (G) (PU) (T)	Orange Slices

Menu C	Item 1	Item 2	Item 3
Monday	Grated Cheese, Carrot & Mayonnaise Wholemeal Roll (D) (E) (G)	Hard Boiled Free Range Egg Wedges (E)	Diced Pears
Tuesday	Homemade Chicken & Roasted Vegetable Wholemeal Pizza Fingers (D) (G) (T)	Sweetcorn & Diced Pepper	Raspberry Yoghurt (D)
Wednesday	Soft Cheese & Cucumber Flatbread (D) (G)	Roast Chicken Slices	Orange Slices
Thursday	Rice Cake (S) with Red Pepper Houmous (PU) (T)	Cucumber Slices	Carrot & Mixed Spice Cookie (D) (E) (G) (SD)
Friday	Tuna, Cucumber & Mayonnaise White Roll (E) (F) (G)	Pepper Batons	Peach & Mango Yoghurt (D)

C = Contains Celery D = Contains Dairy (Milk) E = Contains Egg F = Contains Fish G = Contains cereals containing Gluten
 PU = Contains Pulses/Beans S = Contains Soya SD = Contains Sulphur Dioxide T = Contains Tomato

Our kitchen does not handle peanuts, tree nuts, sesame seeds, mustard, lupin, crustacea and molluscs. Please refer to our Allergy Policy for further information about allergens.

AFTERNOON TEA MENU

Spring Summer 2023

VA Vegan	V Vegetarian	T Tomato	SD Suphites	S Soya	PU Pulse/Bean	P Pork	HL Halal	G Gluten	F Fish	E Egg	D Dairy	CA Citric Acid/Spice	C Celery	B Beef
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Menu A	Dish	Dietaries																	
Monday	Free Range Egg Mayonnaise & Cress Wholemeal Roll							●		●								●	●
	Pepper Batons																	●	
	Mandarin Yoghurt			●	●													●	●
Tuesday	Chicken & Mayonnaise White Roll							●		●								●	●
	Cucumber Slices																	●	●
	Banana Cookie			●	●	●					●						●		
Wednesday	Homemade Cheese & Pineapple Wholemeal Pizza Fingers																	●	●
	Hard Boiled Free Range Egg Wedges							●										●	●
	Diced Peaches			●						●								●	●
Thursday	Tuna & Cream Cheese Flatbread									●								●	●
	Sweetcorn & Grated Carrot										●							●	●
	Strawberry Yoghurt			●	●													●	●
Friday	Spinach, Apricot & Bechamel Pinwheel																	●	●
	Speldhurst Pork & Beef Sliced Sausage	●																●	●
	Melon Slices																	●	●

Menu B	Dish	Dietaries																	
Monday	Tomato, Polenta & Feta Scone										●							●	●
	with Flora Portion																	●	●
	Hard Boiled Free Range Egg Wedges									●								●	●
Tuesday	Diced Pineapple																	●	●
	Homemade Margarita Wholemeal Pizza Fingers																	●	●
	Roast Chicken Slices																	●	●
Wednesday	Melon Slices																	●	●
	Grated Cheese, Egg & Mayonnaise Flatbread																	●	●
	Sweetcorn & Diced Pepper																	●	●
Thursday	Apricot Flapjack																	●	●
	Turkey White Roll																	●	●
	Cucumber Slices																	●	●
Friday	Summer Berry Yoghurt																	●	●
	Rice Cake																	●	●
	with Soft Cheese																	●	●

Menu C	Dish	Dietaries																	
Monday	Tomato, Pea & Basil Pasta																	●	●
	Orange Slices																	●	●
	Hard Boiled Free Range Egg Wedges																	●	●
Tuesday	Diced Pears																	●	●
	Homemade Chicken & Roasted Vegetable Wholemeal Pizza Fingers																	●	●
	Sweetcorn & Diced Pepper																	●	●
Wednesday	Raspberry Yoghurt																	●	●
	Soft Cheese & Cucumber Flatbread																	●	●
	Roast Chicken Slices																	●	●
Thursday	Orange Slices																	●	●
	Rice Cake																	●	●
	with Red Pepper Houmous																	●	●
Friday	Cucumber Slices																	●	●
	Carrot & Mixed Spice Cookie																	●	●
	Tuna, Cucumber & Mayonnaise White Roll																	●	●

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